



Humantay Lake

P A C K I N G L I S T

You're heading to one of Cusco's most beautiful lakes, considered a sacred land by the Incas! Now how do you pack? The weather at Humantay Lake can be very unpredictable. We recommend you dress in layers. For example: base layer, tee shirt, jacket/or sweater and base layer cotton bottoms and trekking pants over. In your small day pack, we recommend bringing a poncho, scarf, and gloves in case of rain. The weather can be sunny, windy, rainy, and can even start to hail all within a few minutes so it's best to come prepared dressed in layers. If it gets hot you can take off a few layers and if it gets cold you can add on a few layers.

Clothing

- ☐ Trekking pants
- ☐ Trekking shoes
- ☐ Long wool underwear (bottom and top)
- ☐ Fleece sweater
- ☐ Gore-Tex rain/wind shell jacket with hood
- ☐ Gloves and hat

Inside your small pack

- ☐ Sunglasses
- ☐ Sunscreen
- ☐ Lip balm with SPF
- ☐ Bottle water
- ☐ Snacks
- ☐ Coca candy (for altitude sickness)
- ☐ Cash in soles (horse ride available)
- ☐ Optional: Walking sticks or poles
- ☐ Camera

